

# LENAWEE VOLUNTEER MICHIGAN MILITIA

## LEVEL 1

### Basic Equipment:

- 1) RIFLE – preferably a semi-automatic rifle in a military grade caliber with sling.
- 2) 100 ROUNDS OF AMMUNITION FOR YOUR RIFLE – In magazines/stripper clips. In suitable pouches/bag, no loose ammo.
- 3) CLEANING KIT FOR YOUR RIFLE.
- 4) ONE QUART WATER CONTAINER – minimum with carrying pouch.
- 5) CARRYING GEAR – Load bearing equipment (L.B.E.)/Load bearing Vest (L.B.V.). i.e. Y or H harness with pistol belt, whatever you need to carry your gear.
- 6) CAMOUFLAGE – Woodland or Multicam B.D.U. to include shirt, pants, and boonie hat. Face paint/face mask and gloves.
- 7) BOOTS- combat or hiking, black, brown, O.D..
- 8) BAYONET/COMBAT KNIFE.
- 9) FIRST-AID KIT – to include a minimum of  
1 – battle dressing  
1 – 32” triangular bandage  
2 – 4x4 gauze pads  
1 – roll medical tape  
1 – ounce triple antibiotic ointment  
1 – roll of gauze  
2 – pair latex-free gloves  
5 – alcohol pads  
5 – band-aids  
20 – pain reliever pills  
1 - tourniquet  
Identify your first-aid kit with a large black plus with blood type.
- 10) BUG REPELLANT
- 11) SUNSCREEN
- 12) FLASHLIGHT – with red and/or blue lenses and extra batteries.
- 13) TOILET PAPER
- 14) F.R.S. RADIO - minimum of a 10-mile range with extra batteries.
- 15) FOOD – a full day supply.

16) NOTEPAD AND PENCIL

17) AO MAP – state and county road map.

**Physical Abilities:**

- 1) Complete a two-mile hike with all level one gear within 30 minutes.
- 2) Shoot 8 out of 10 shots on a 9" target at 100 yards with primary battle rifle. Using any item(s) you carried on your hike. You get three attempts for the shooting.
- 3) Field strip and reassemble your primary battle rifle you used to do your shooting qualification.
- 4) Understand and explain Alert Levels.
- 5) Movement Techniques: File, Wedge, Line, Column formation.
- 6) Basic Hand/Arm Signals.
- 7) Basic Radio Protocol.
- 8) Be First-Aid and C.P.R. trained.
- 9) Camouflage self and equipment. Evaluation by peers.
- 10) Qualification is valid for a time period of one year, at which time one must requalify at their current level.
- 11) You have 60 days from the time you start your qualification to complete it. Otherwise you must start over.